

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/03/2023															
Child Care Breakfast	Total														
Bagel, Tony Roberts 2.24 Oz.	1 Each	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00
Cheese, Cream	1 Each	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00
Applesauce, Unsweetened Cups	1 each	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		400	25	409	5.12	1.80	420.0	700	15.90	31	19.90	65.25	7.11	3.56	0.00
% of Calories										31.3%	19.9%	65.2%	16.0%	8.0%	0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Tue - 04/04/2023															
Child Care Breakfast	Total														
Muffin, Apple Cinn. Mini	1 Each	117	0	74	1.80	0.75	5.2	32	5.2	7	2.4	19.5	3.2	0.00	0.00
Apple, Fresh	1 Each	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		314	10	225	5.38	0.93	364.1	612	14.45	37	12.79	54.08	5.95	1.54	*0.00
% of Calories										46.8%	16.3%	68.8%	17.0%	4.4%	*0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Wed - 04/05/2023															
Child Care Breakfast	Total														
*Breakfast Apple Bar	1 Each	275	19	127	2.80	1.60	32.2	32	0.9	21	3.2	49.0	7.2	1.10	0.00
Banana	.5 Each	45	0	1	1.31	0.13	2.5	32	4.39	6	0.55	11.53	0.17	0.06	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		440	29	278	4.11	1.73	384.7	564	7.69	41	13.75	74.53	9.87	2.65	0.00
% of Calories										37.4%	12.5%	67.8%	20.2%	5.4%	0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Thu - 04/06/2023															
Child Care Breakfast	Total														
*Golden Grahams Cereal Bar	1 Each	160	0	115	3.00	0.00	150.0	0	0.0	9	2.0	30.0	3.5	0.00	0.00
Peaches, Diced	1 Each	60	0	5	1.00	0.00	0.0	300	1.2	13	0.0	14.0	0.0	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		340	10	270	4.00	0.00	500.0	800	3.60	36	12.00	58.00	6.00	1.50	0.00
% of Calories										42.4%	14.1%	68.2%	15.9%	4.0%	0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Fri - 04/07/2023															
Child Care Breakfast	Total														
*Vanilla Breakfast Square	1 Each	260	20	180	1.00	0.72	60.0	0	0.0	20	5.0	36.0	7.0	2.00	0.00
Pineapple Tidbits	1 Each	60	0	10	2.00	0.72	20.0	100	9.0	11	1.0	14.0	0.0	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		440	30	340	3.00	1.44	430.0	600	11.40	45	16.00	64.00	9.50	3.50	0.00
% of Calories										40.9%	14.5%	58.2%	19.4%	7.2%	0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Mon - 04/10/2023															
Child Care Breakfast	Total														
Breakfast Bar, Choc. Chip	1 Each	260	25	150	4.00	1.44	20.0	100	0.0	21	6.0	44.0	2.0	0.00	0.00
Tangerines, Fresh	1 Each	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		432	35	302	5.76	1.59	406.1	1264	28.43	45	16.79	71.01	4.80	1.53	0.00
% of Calories										42.0%	15.6%	65.8%	10.0%	3.2%	0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Tue - 04/11/2023															
Child Care Breakfast	Total														
*Cereal, Asst. w/String Cheese	1 Each	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Peaches, Diced	1 Each	60	0	5	1.00	0.00	0.0	300	1.2	13	0.0	14.0	0.0	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		345	20	518	7.79	4.89	645.0	1443	11.04	36	17.75	51.30	7.20	3.75	0.00
% of Calories										41.3%	20.6%	59.5%	18.8%	9.8%	0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/12/2023															
Child Care Breakfast	Total														
Muffin Top, Chocolate Chip	1 Each	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00
Banana	.5 Each	45	0	1	1.31	0.13	2.5	32	4.39	6	0.55	11.53	0.17	0.06	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		400	39	259	4.41	1.33	356.5	1352	8.19	37	14.45	66.53	8.67	2.45	0.00
% of Calories										37.2%	14.5%	66.5%	19.5%	5.5%	0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Thu - 04/13/2023															
Child Care Breakfast	Total														
*Pillsbury Mini Cinnis	1 Each	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00
Apple Slices	1 Each	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		410	10	455	4.00	1.80	450.0	600	38.40	38	15.00	66.00	10.50	3.50	0.00
% of Calories										37.1%	14.6%	64.4%	23.0%	7.7%	0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Fri - 04/14/2023															
Child Care Breakfast	Total														
*Bun, Oatmeal Breakfast	1 Each	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00
Pineapple Tidbits	1 Each	60	0	10	2.00	0.72	20.0	100	9.0	11	1.0	14.0	0.0	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		410	10	500	5.00	3.42	450.0	800	11.40	35	17.00	67.00	9.50	3.50	0.00
% of Calories										34.1%	16.6%	65.4%	20.9%	7.7%	0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Mon - 04/17/2023															
Child Care Breakfast	Total														
Bagel, Tony Roberts 2.24 Oz.	1 Each	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00
Cheese, Cream	1 Each	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00
Applesauce, Unsweetened Cups	1 each	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		340	20	334	5.12	1.80	245.0	450	14.70	24	14.90	58.25	5.86	2.81	0.00
% of Calories										28.6%	17.5%	68.5%	15.5%	7.4%	0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Tue - 04/18/2023															
Child Care Breakfast	Total														
Muffin, Apple Cinn. Mini	1 Each	117	0	74	1.80	0.75	5.2	32	5.2	7	2.4	19.5	3.2	0.00	0.00
Apple, Fresh	1 Each	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		314	10	225	5.38	0.93	364.1	612	14.45	37	12.79	54.08	5.95	1.54	*0.00
% of Calories										46.8%	16.3%	68.8%	17.0%	4.4%	*0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Wed - 04/19/2023															
Child Care Breakfast	Total														
*Breakfast Apple Bar	1 Each	275	19	127	2.80	1.60	32.2	32	0.9	21	3.2	49.0	7.2	1.10	0.00
Banana	1 Each	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		485	29	278	5.43	1.86	387.3	597	12.09	47	14.30	86.07	10.03	2.71	0.00
% of Calories										39.1%	11.8%	71.0%	18.6%	5.0%	0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Thu - 04/20/2023															
Child Care Breakfast	Total														
*Golden Grahams Cereal Bar	1 Each	160	0	115	3.00	0.00	150.0	0	0.0	9	2.0	30.0	3.5	0.00	0.00
Peaches, Diced	1 Each	60	0	5	1.00	0.00	0.0	300	1.2	13	0.0	14.0	0.0	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		340	10	270	4.00	0.00	500.0	800	3.60	36	12.00	58.00	6.00	1.50	0.00
% of Calories										42.4%	14.1%	68.2%	15.9%	4.0%	0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/21/2023															
Child Care Breakfast	Total														
*Cereal, Asst. w/String Cheese	1 Each	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Cocktail, canned	4 oz	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		350	20	520	7.92	5.22	651.8	1379	12.00	38	18.20	54.23	7.28	3.76	*0.00
% of Calories										44.0%	20.8%	62.0%	18.7%	9.7%	*0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Mon - 04/24/2023															
Child Care Breakfast	Total														
Breakfast Bar, Choc. Chip	1 Each	260	25	150	4.00	1.44	20.0	100	0.0	21	6.0	44.0	2.0	0.00	0.00
Tangerines, Fresh	1 Each	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		432	35	302	5.76	1.59	406.1	1264	28.43	45	16.79	71.01	4.80	1.53	0.00
% of Calories										42.0%	15.6%	65.8%	10.0%	3.2%	0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Tue - 04/25/2023															
Child Care Breakfast	Total														
*Cereal, Asst. w/String Cheese	1 Each	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Peaches, Diced	1 Each	60	0	5	1.00	0.00	0.0	300	1.2	13	0.0	14.0	0.0	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		345	20	518	7.79	4.89	645.0	1443	11.04	36	17.75	51.30	7.20	3.75	0.00
% of Calories										41.3%	20.6%	59.5%	18.8%	9.8%	0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Wed - 04/26/2023															
Child Care Breakfast	Total														
Muffin Top, Chocolate Chip	1 Each	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00
Peaches, Diced	1 Each	60	0	5	1.00	0.00	0.0	300	1.2	13	0.0	14.0	0.0	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		415	39	263	4.10	1.20	354.0	1620	5.00	44	13.90	69.00	8.50	2.40	0.00
% of Calories										42.4%	13.4%	66.5%	18.4%	5.2%	0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Thu - 04/27/2023															
Child Care Breakfast	Total														
*Pillsbury Mini Cinnis	1 Each	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00
Apple Slices	1 Each	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		410	10	455	4.00	1.80	450.0	600	38.40	38	15.00	66.00	10.50	3.50	0.00
% of Calories										37.1%	14.6%	64.4%	23.0%	7.7%	0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Fri - 04/28/2023															
Child Care Breakfast	Total														
*Bun, Oatmeal Breakfast	1 Each	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00
Fruit, Cocktail, canned	4 oz	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		415	10	497	4.13	3.03	436.8	936	4.55	40	16.45	69.93	9.58	3.51	*0.00
% of Calories										38.4%	15.9%	67.5%	20.8%	7.6%	*0.0%
Nutrient Guideline		419				2.50	200.00	595	11.00		5.50		<=30.0	<10.00	

Weighted Average		389	21	361	5.11	2.06	442.3	922	14.74	38	15.38	63.78	7.74	2.72	*0.00
										88.8%	15.8%	65.6%	17.9%	6.3%	*0.0%

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Nutrient	Menu AVG	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	389		419		93%			30									Correction Required - Calories are Low
Cholesterol (mg)	21																
Sodium (mg)	361								361								
Fiber (g)	5.11																
Iron (mg)	2.06		2.50		82%		0.44										Correction Required - Iron is Low
Calcium (mg)	442.3		200.00		221%												
Vitamin A (IU)	922		595		155%												
Sugars (g)	38	39.46%															
Vitamin C (mg)	14.74		11.00		134%												
Protein (g)	15.38	15.82%	5.50		280%												
Carbohydrate (g)	63.78	65.60%															
Total Fat (g)	7.74	17.91%			<=30.00%												
Saturated Fat (g)	2.72	6.31%			<10.00%												
Trans Fat ¹ (g)	0.00	0.00%				Missing											

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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